



Kattenberger Fitnessstest - Notentabelle Piepstest



Stand:

Sep 23

Note: Piepstest:

	Mä 10:	Ju 10:
1	60+	85+
2	59-40	84-70
3	39-30	69-50
4	29-23	49-35
5	22-18	34-25
6	17-0	24-0
	Mä 9:	Ju 9:
1	55+	77+
2	54-37	76-62
3	36-27	61-42
4	26-22	41-32
5	21-17	31-22
6	16-0	21-0
	Mä 8:	Ju 8:
1	52+	72+
2	51-37	71-52
3	36-22	51-37
4	21-19	36-27
5	18-13	26-17
6	12-0	16-0
	Mä 7:	Ju 7:
1	47+	62+
2	46-28	61-42
3	27-22	41-32
4	21-16	31-26
5	15--11	25-16
6	10-0	15-0
	Mä 6:	Ju 6:
1	45+	55+
2	44-29	54-41
3	28-23	39-30
4	22-17	29-24
5	16--12	23-18
6	11-0	17-0
	Mä 5:	Ju 5:
1	40+	50+
2	39-27	49-35
3	26-21	34-25
4	20-15	24-19
5	14--10	18-13
6	9-0	12-0

	Mä 12:	Ju 12:
15	80+	105+
14	80-75	105-100
13	75-70	100-95
12	69-63	94-90
11	62-57	89-85
10	56-50	84-80
9	49-47	79-73
8	46-44	72-67
7	43-40	66-60
6	39-38	59-55
5	37-36	54-50
4	35-33	49-45
3	32-30	44-42
2	30-29	41-39
1	28	38-35
0	27-0	34-0
	Mä 11:	Ju 11:
15	75+	100+
14	75-70	100-95
13	70-65	95-90
12	64-60	89-85
11	59-53	84-81
10	52-45	80-75
9	44-42	74-70
8	41-38	69-62
7	37-35	61-55
6	34-33	54-51
5	32-30	50-46
4	29-28	45-40
3	27-26	39-37
2	25	36-34
1	24-23	33-30
0	22-0	29-0